

**Abstract:**

Use of catechins or gallic esters of catechins or aqueous or organic extracts from plants or parts of plants which have a content of catechins or gallic esters of catechins, for example the leaves of the Theaceae plant family, in particular of the species *Camellia sinensis* (green tea) or typical ingredients thereof (such as e.g. polyphenols or catechins, caffeine, vitamins, sugars, minerals, amino acids, lipids), for the prophylaxis, treatment and/or care of dry skin conditions.